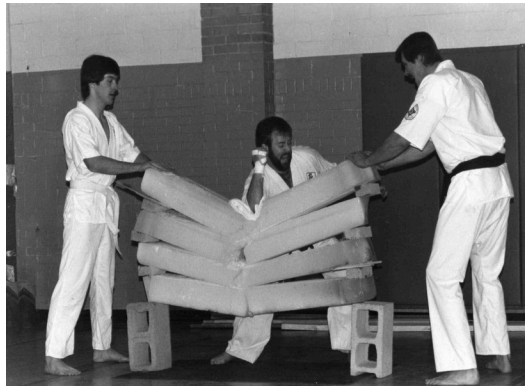
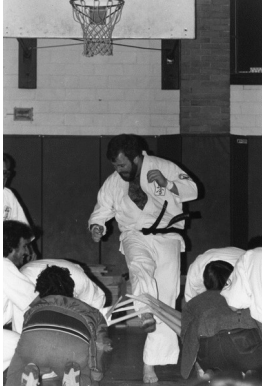


**Hilton Kyokushin Karate
would cordially like to invite you and your
students to attend the
17th Annual Sensei Jim Grafe
Memorial Martial Arts Tournament.**



Saturday, April 6, 2019

Webster Rec Center

1350 Chiyoda Dr. Webster, NY 14580

Check in/Registration: 9:00-10:00 am

Tournament opening ceremony at 10:30 am

**Events include weapon and empty hand kata, self defense,
point and contact fighting, creative and power breaking!**

**Awards for top three places and
medals for all children participants (10 & under)**

****** Register by April 5 at 5pm and save ******

For more information, please contact

Shihan Todd Hutchison

(585)392-8200

email: HiltonMartialArts@gmail.com

Online Registration Recommended: www.hiltonkarate.com

If online registration is not possible, please send completed registration forms with
payment to:

Hilton Karate, 9 South Ave Suite 13 Hilton, NY 14468 **by March 29, 2019.**

17th Annual Sensei Jim Grafe Memorial Martial Arts Tournament

Event Application Date: ****April 6, 2019****

Check-In: 9:00-10:00 a.m.

Opening Ceremony at 10:30 a.m. Competition starts immediately following

Location: Webster Rec Center 1350 Chiyoda Dr. Webster, NY

Pre-registration deadline: April 5, 2019 at 5 PM.

Add \$15 for same day registration All entry fees are non-refundable.

Online Registration is recommended: www.hiltonkarate.com

Email: HiltonMartialArts@gmail.com

Phone: (585)392-8200

Name: _____ DOB (mm/dd/yy): _____
 Address: _____ School Name: _____
 Phone: _____ Instructor: _____
 Rank/Kyu: _____ School Phone#: _____
 Yrs. of Experience: _____

Conditions of registration:

I, the undersigned, being at least 18 years of age, do hereby voluntarily submit my application for participation as a competitor in the 17th Annual Sensei Jim Grafe Memorial Martial Arts Tournament held on April 6, 2019 in Webster NY and do hereby assume full responsibility for any damages, injuries or losses, including death that I may sustain or incur while attending or participating in the aforementioned event, and do hereby waive any or all claims against Webster Parks and Recreation, Hilton IFK Fitness Center Inc., its' promoters, operators and/or sponsors of said event, individually or otherwise, and specifically covenant to bring suit to the individuals or organizations mentioned above, fully recognizing that this covenant is part consideration for my approval to compete, and upon which they have retired in accepting the above application. I further understand, and am fully aware of the inherent risks of sustaining injury during the competition or in the preparation thereof and that I completely assume all risks and liabilities thereto. I fully understand that any medical treatment provided to me as a response to injury, will be of the First Aide type only.

(X) _____ Date _____ (X) _____ Date _____
 Applicant's signature Signature of Parent or Guardian (if under 18)

Events and Fees: \$25(US) Young Lions, \$35(US) for one(1) event, \$45 for two(2) events and \$50 for three(3) or more events *****add \$15.00 same day registration*****

Rank divisions based on experience. Please circle one.

<u>Young Lions</u> (4-6 yrs old) NON-COMPETITIVE	<u>Novice</u> (0-9 months)	<u>Beginner</u> (9-18 months)	<u>Intermediate</u> (18 months - 4 yrs.)	<u>Advanced</u> (4 years and more)	<u>Black Belts</u> 1 st & 2 nd Dan	<u>Black Belts</u> 3 rd Dan & up
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Sex: Male Female (please circle one)

Age Groups: 4-6 7-8 9-10 11-12 13-14 15-17 18-31 32+ (please circle one)

Circle all events you wish to compete in

Events: Contact fighting Point fighting Self Defense Kata Weapons Kata
 Height: _____ Weight: _____

Power Breaking Age 14+ Materials must be purchased from Tournament Director
 \$2.50/board \$3.00/paver

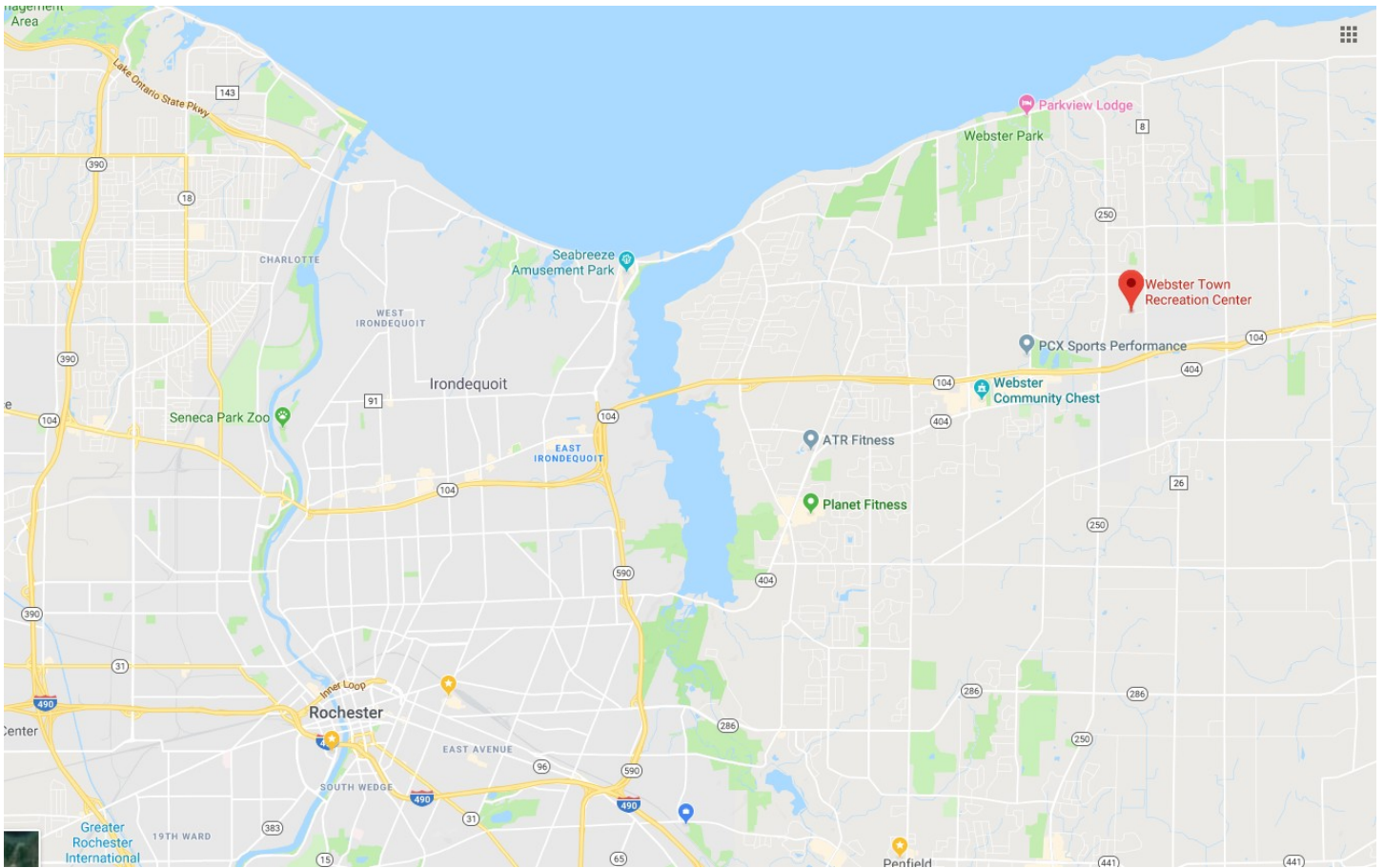
Creative Breaking Age Groups: 11-14 15-17 18+

Creative breaking competitors are responsible for supplying their own breaking materials

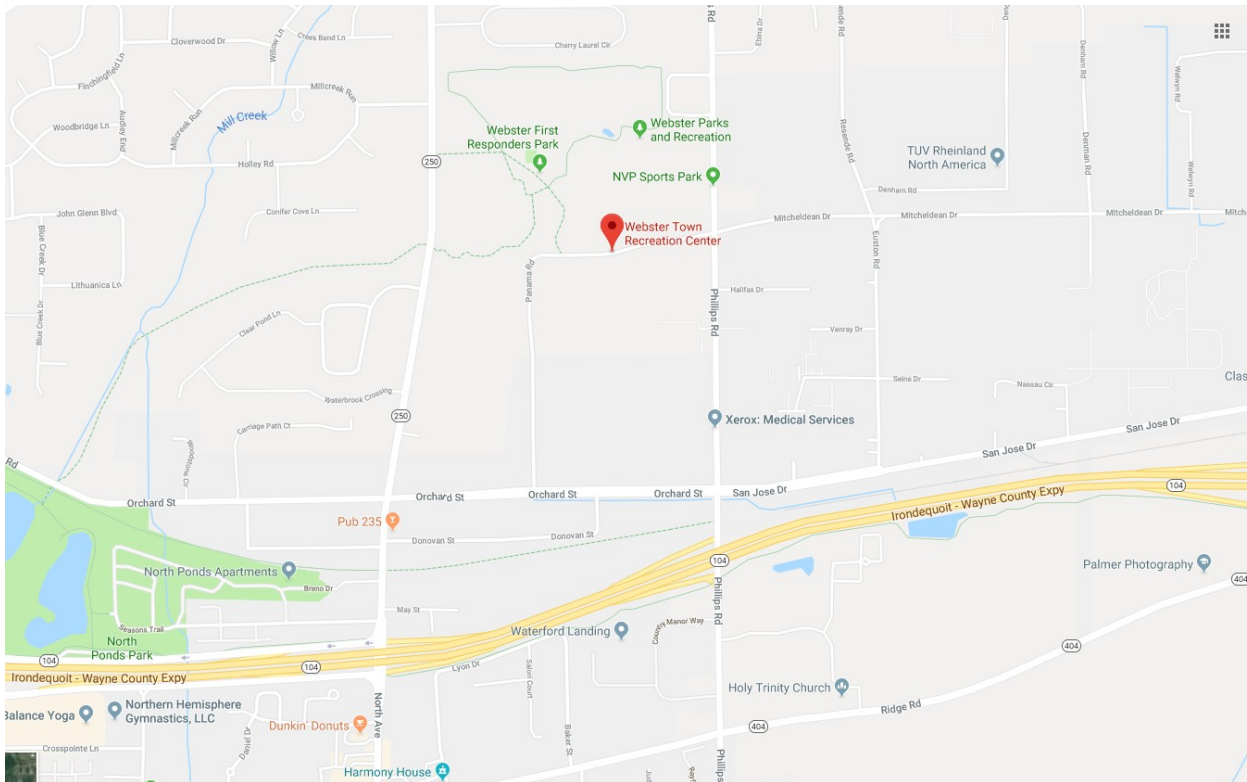
****Tournament director reserves the right to combine or further divide divisions based on participation***

Tournament Map

Webster Rec Center:
1350 Chiyoda Drive
Webster, NY 14580



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GENERAL RULES FOR CONTACT FIGHTING

*******Contact is full power striking with padded protection*******

Each match will last two minutes, without stopping, and is won by a single point (*ippon*), which is awarded when a technique sufficiently stuns the opponent so that he/she loses the will to resume fighting within five seconds. A half point (*waza ari*) can be awarded for a technique that momentarily stuns the opponent. If no point is awarded during the two minute round, the referee and corner judges can decide upon a winner or send the fight into an overtime round.

1. Uniforms: All competitors will wear clean well-maintained traditional uniform of their style. Boxers / kick boxers must wear a tank or t-style shirt.

2. Protective Equipment:

All competitors will be required to wear the following protective gear unless otherwise indicated.

No taping allowed for the first round. Medical staff must sign taping for later rounds.

: Hand Pads- Minimum **3/4"** padding over knuckles, no cloth pads allowed, no palm grip allowed, hard or soft.

: Shin and instep (cloth or vinyl)

: Headgear- **mandatory for all divisions' under 18 yrs. old, optional but recommended for those 18 and older**

: Mouth guard and Male groin cup, **highly recommended but not mandatory**

: Chest protector- required for male and female 14 & under divisions (supplied by tournament).

: No chest protection allowed in 15 yrs. and older divisions other than Females 15 and up may wear sport bra with plastic or padded cups. Breast protection may not cover abdomen.

3. Legal techniques: Legal fighting techniques include any leg techniques (kicks, knee strikes, etc.) to the legs and to the body and any hand techniques (fists, elbows, etc.) to the body. Kicks to the head will be allowed only in the 15 & older, and only in the intermediate and advanced divisions. Sweeps will be allowed, but must be followed immediately by a non-contact technique to score a half point.

4. Illegal Techniques:

: Attacks to the groin.

: Attacks to the head, face or spine with hands, elbows or arms

: Grabbing / holding.

: Kicks directly at the knees

: Kicks to the head other than specified divisions

: Excessive running out of bounds (out of the ring)

: Striking an opponent when down.

: Contact to back, spine or base of neck

5. Warnings/ Fouls/ Disqualifications: The head referee may issue a warning for minor infringement of the rules. Two warnings for the same violation will result in a penalty/ foul and a deduction in the judges scoring. A disqualification, however, may be issued at any time during the match for unsportsmanlike conduct, and /or obvious disregard for the rules.

6. Judges decisions are final.

Point Fighting

Each point fighting round lasts until one competitor reaches three (3) points. Competitors stop and restart after each point. Points are awarded by the head judge when at least three of five judges agree a scoring technique has happened. The competitor who reaches three points first wins the fight. Point fighting competition is also divided by rank and age.

Point fighting Equipment

All mandatory for all ages

: Hand pads, cloth, vinyl or neoprene

: Shin and instep pads

: Headgear- **mandatory for all divisions' under 18 yrs. old, optional but recommended for those 18 and older**

: Groin cup for males and mouth guards are *highly recommended but not mandatory.*

Point fighting Rules

: Absolutely no contact allowed with the face, head, neck or back.

: Controlled hand and leg techniques may be directed to the top and sides of the head, but must stop within 2 finger's width away to count as a point.

: No kicks below the waist, this includes no sweeps!

: **Very light** contact permitted to the body.

Self Defense

Attacks: Minimum of 3, maximum of 6

Attacks can be empty hands or with weapons

Black belts can be uke for kyu ranks

Tameshawari (breaking)

Power Breaking: wood: All competitors must be 14 yrs of age or older.

Both Male and Female divisions, and age divisions 14-17 yrs and 18+ will perform 2 breaks. The first will be done with any hand technique, (knife hand, hammer fist, palm heel, etc.). Second break will be done with any elbow or forearm strike. Score will be total number of boards broken. In the case of a tie, higher percentage of broken to number of attempted decides the winner. The material will be 1x12x10" pine boards.

All stands and spacers provided. **All material purchased from tournament director at \$2.50/board (please purchase when paying tournament fees).**

Competitors may be divided into 2 weight divisions if needed.

Power Breaking: Concrete: Male competitors must be 18 yrs of age or older.

Male Competitors only will perform 2 breaks. The first will be done with any hand technique, (knife hand, hammer fist, palm heel, etc.). Second break will be done with any elbow or forearm strike. Score will be total number of slabs broken. In the case of a tie, higher percentage of broken to number of attempted decides the winner. **Both breaks will use 2x8x16 cement pavers purchased from tournament director at \$3.00/paver. (Please purchase when paying tournament fees).**

Competitors may be divided into 2 weight divisions if needed.

Creative Breaking: **Competitors are responsible for supplying their own breaking materials.** Competitors can choose to purchase boards/pavers from the tournament director. Community stands and spacers will be provided. Competitors may set up to 4 stations with up to 3 breaks for each station. To be considered a single station all breaks must be done in one smooth action, meaning no stopping and resetting between breaks. All breaks must be done with the utmost safety for competitors, judges and spectators. No glass or burning material allowed. Any flying material must be aimed in a safe direction, (towards the walls). Set up and clean to be done by competitors and teammates. Scores will be based on difficulty, style and creativity.

Any questions can be directed to
Shihan Todd Hutchison
HiltonMartialArts@gmail.com

