

**** ALL PARTICIPANTS MUST FILL OUT THIS FORM****

13th Annual Memorial Martial Arts Tournament
School Pre-Registration Form: Gi & No Gi Divisions ONLY

	FIRSTNAME	LASTNAME	WEIGHT	AGE	SEX	Yrs of Exp
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

School Name: _____

Instructor: _____

Phone: _____

Email: _____

Fee is \$50.00 pre-registration per competitor, \$60.00 at the door

Pre-Registrations deadline is April 25th. Please note: Your pre-registration must be post-marked no later than, Saturday, April 25, 2015.

Mail Pre-registrations, Completed Waiver Forms and Payment To:
BEDROC MMA, 33 Walbar Street, Rochester, NY 14482 (Phone: 201-320-4821)

Contact Kitty Teresi for more information 201-320-4821, or e-mail at jerzeekat@yahoo.com

“321” GRAPPLING RULES

GRAPPLING RULES QUESTIONS SHOULD BE DIRECTED TO:
KITTY TERESI OF BEDROC MMA @ 201-320-4821

UNIFORM:

Gi divisions: Judo Gi or Brazilian Jujitsu Kimono

No Gi divisions: Draw String Shorts, T-shirt / Rash guard / Shirtless.

Note: - Clothing / Uniform can only be grabbed in the Gi divisions.

ROUNDS (3, 2, 1 System):

One 3 minute round – SUBMISSION ONLY, NO POINTS AWARDED.

One 2 minute overtime round - WITH POINTS, if needed.

One 1 minute Sudden Death round if needed (1st takedown wins).

STYLE:

Modified Double Elimination for brackets with over 5 competitors. *(This means if you win through the bracket and meet someone that you have defeated before, for the second time you do not have to defeat them again.)*

True Double Elimination for brackets with 5 or under competitors. *(This means that every competitor has to be defeated twice in a match to be eliminated from competition without exception. In this case you may have to face the same person twice even though you have defeated them previously. As well if you have been defeated by someone and meet them again, you may have to defeat them in two separate matches to eliminate them from the bracket.)*

WAYS TO WIN:

Submission, Points (in 2nd round), Take down (in 3rd round) or Opponent Disqualification (2 Fouls or Referee's discretion).

POINTS: (for 2nd round only)

- Takedown: 1 or 2 points depending:

1 point if the takedown takes the match from standing a neutral position

2 points if the takedown takes the match from standing directly to a position of advantage on the ground.

- Gaining a position of advantage: 1 point

(Gaining top mount, side mount, or the back control with hooks in)

- Escaping a position of advantage: 1 point

(Going from a disadvantaged position to a neutral position)

- Reversal of position: 2 points

(Going directly from a disadvantaged position to an advantaged position. i.e. they have you in side control and you roll your opponent passing through the neutral position, guard or standing, to a position of advantage, side control or mount etc. You have gained two increases in position).

Note: Neutral position is considered either person standing or the guard position.

LEGAL TECHNIQUES: *All finishing techniques must be applied in a gradual and safe manner or will result in instant disqualification!!! Safety first!! This means pressure gradually instead of jerking or jolting.*

- Chokes, neck cranks, jaw and chin cranks

- Arm bars, key lock, shoulder, locks (straight and twisting arm bars, shoulder locks, and wrist locks)

- Knee, foot, compression and straight ankle locks. Heel hooks / knee bars - advanced divisions only.

- No Heel Hooks and knee bars in any Kid's Divisions.

We allow many more submissions than almost any other tournament due to the fact that we have a heavy representation from all grappling styles. Wrestlers, Sambo players, BJJ artists, Judo players, etc all fight differently and we accommodate those differences. We do not presume to tell any fighter how to fight his game and are only making illegal the things that are not safe and the things state commissions and insurance companies mandate.

ILLEGAL TECHNIQUES: *Punishment is 1 foul or disqualification, at referees discretion.*

- Strikes of any kind
- Not applying any submission in a slow, gradual manner
- Hair pulling
- Body slams from guard above waist high
- Making your opponent land on his/ her head or attempting to injure opponent with throw or takedown
- Biting, fish hooking, small joint manipulation (grabbing individual fingers, toes, ears or nose, etc)
- Thumbing, scratching, pinching, or pulling skin and touching of the eyes or groin
- Applying any slippery substance to the body, hair, or uniform
- Cursing, arguing with the referee, or general bad attitude
- Unsportsmanlike conduct (Referee's discretion)

***** Remember, above all else we want everyone to have FUN and for there to be no injuries!***

DIVISIONS WILL BE DIVIDED BY AGE, WEIGHT AND SKILL LEVEL

MENS WEIGHT CLASSES (18 YEARS AND OLDER)

Rooster weight - 130 and under
Feather Weight - 131-145
Light Weight - 146-160
Welter Weight - 161-175
Middle Weight - 176-190
Light Heavy Weight - 191-205
Heavy Weight - 206-220
Super Heavy Weight – 221 and over

WOMENS WEIGHT CLASSES (18 YEARS AND OLDER)

Rooster Weight
Light Weight
Middle Weight
Heavy Weight

CHILDREN / TEENS

5-7 years old (girls and boys will compete together)
8-9 years old (girls and boys will compete together)
10-12 year old Boys
10-12 year old Girls
13-15 year old Boys
13-15 year old Girls
16-17 year old Boys
16-17 year old Girl

** The exact LBS for each category will be determined the day of the event based on the weight of Female, Children and Teen competitors that attend.*

**These Divisions are a basic template and may be modified the day of the event to accommodate the competitors that are on hand.*

CHAMPIONS ABSOLUTE DIVISION:

This Division is for 1st place winners only of all adult weight classes and skill level divisions. Teens may enter with a parent or guardian's consent. (This bracket is optional: 1st place winners are not required to compete) The winner of the single elimination Champion's division is the grand champion of the event and will receive the absolute champion's awards listed below.

AWARDS:

1st, 2nd & 3rd place awards for each division;
Team Champions award to the team who wins the most medals.

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